

we can help

Any Mental illness

Anxiety and Panic

Abuse/Neglect

Addiction

Depression

Disability

Disaster

Harassment or Bullying

Loss of Loved One, Grief

Loss of Job, Income, or Home

Self-Destructive Behavior

Self-Harming Behavior

Suicidal Thoughts

Trauma and PTSD

Violence Prevention

Any Stressful Life Situation

RE-STABILIZATION RECONNECTION RECOVERY

HILL COUNTRY
CAREcenter

1401 Gold St. • Redding, CA

CALL: 530-691- 4446

Monday - Friday

12pm to 9pm

Weekends & Holidays

11am to 9pm

HILL COUNTRY WELCOMES...

people of all races, ethnicities, and nationalities

people of all religions or none

people of all educational backgrounds

people of all economic backgrounds

people of all genders and sexual identities

people with diverse abilities

people of all family structure

people of all body types

...YOU

HILL COUNTRY
CAREcenter

FREE URGENT
MENTAL HEALTH
SERVICES

365 DAYS A YEAR

Crisis and Suicide Prevention

Urgent Assessment & Intervention

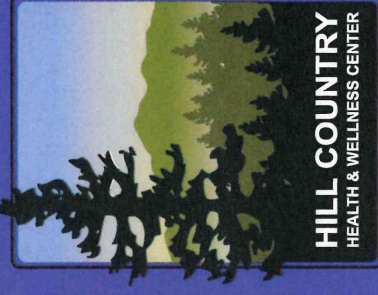
Community Resource Linkage

Daily Wellness and Recovery Support

Specialty Support Programs

Outreach and Training

A program of:



691-4446

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Funded by the CA Mental Health Services Act